

# Health History



ARIZONA ORTHOPAEDIC ASSOCIATES  
A T G A T E W A Y

#

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Ht \_\_\_\_\_ Wt \_\_\_\_\_ P \_\_\_\_\_ B/P \_\_\_\_\_

Right Handed     Male     Yes  
 Left Handed     Female – are you or could you be pregnant?     No

Reason for today's visit: \_\_\_\_\_

Who referred you to this office?	Who is your Primary Care Physician?
----------------------------------	-------------------------------------

Date of Injury or Onset of problem: \_\_\_\_\_

Left Side     Right Side    Is this work related?     No     Yes → Worker's Comp Claim Filed?     No     Yes

Is this related to an accident of any kind?     No     Yes →     Auto     Other: \_\_\_\_\_

Do you have legal action pending regarding this?     No     Yes → Attorney Name & Phone \_\_\_\_\_

**ALLERGIES:** Are you allergic to any drugs?     No     Yes → list all DRUG ALLERGIES including adverse reaction

Are you allergic to?	DRUG:	REACTION:
Eggs <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Iodine <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Latex <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Nuts <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Penicillin <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Sulfa <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____
Tape <input type="checkbox"/> No <input type="checkbox"/> Yes*	_____	_____

\*Note reaction to all YES answers: \_\_\_\_\_

**CURRENT MEDICATIONS:** Do you take any medication?     No     Yes → List all, include Over the Counter Meds, Herbs and Vitamins

Drug Name/Strength	Dose	Prescribing Physician	Drug Name/Strength	Dose	Prescribing Physician
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Have you ever had a cortisone injection?     No     Yes → Area injected and response to injection: \_\_\_\_\_

**SURGICAL HISTORY:** Have you undergone any surgical procedures?     No     Yes → List all surgeries, include right or left when indicated:

Year	Surgery	Year	Surgery
_____	_____	_____	_____
_____	_____	_____	_____

**ANESTHESIA:** Have you ever had any problems with anesthesia?     No     Yes → Explain \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**MEDICAL HISTORY:** Have you ever had problems with: (IF "YES", please check box)

- |  |   |  |  |  |
|--|---|--|--|--|
| <input type="checkbox"/> Allergies (Hay Fever) | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Hepatitis/Jaundice  | <input type="checkbox"/> Migraine Headaches    | <input type="checkbox"/> Sleep Apnea     |
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Depression           | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Multiple Sclerosis    | <input type="checkbox"/> Stomach/Ulcers  |
| <input type="checkbox"/> Arthritis             | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Stroke          |
| <input type="checkbox"/> Asthma                | <input type="checkbox"/> Emphysema            | <input type="checkbox"/> HIV/AIDS            | <input type="checkbox"/> Old Fracture          | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Birth Defect          | <input type="checkbox"/> Epilepsy or Seizures | <input type="checkbox"/> Kidneys             | <input type="checkbox"/> Osteomyelitis         | <input type="checkbox"/> Tuberculosis    |
| <input type="checkbox"/> Bladder               | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Liver               | <input type="checkbox"/> Osteoporosis          | <input type="checkbox"/> Wound Healing   |
| <input type="checkbox"/> Bleeding Disorder     | <input type="checkbox"/> Gout                 | <input type="checkbox"/> Lungs               | <input type="checkbox"/> Polio                 | <input type="checkbox"/> Other           |
| <input type="checkbox"/> Blood Clots           | <input type="checkbox"/> Heart Disease        | <input type="checkbox"/> Mental Illness      | <input type="checkbox"/> Sickle Cell           |  |

**DESCRIBE ALL YES RESPONSES:** \_\_\_\_\_

**REVIEW OF SYSTEMS:** Are you currently having problems with: (IF "YES", please check box(s))

- |  |  |  |  |
|--|--|--|--|
| <b>GENERAL:</b>  | <b>EYES:</b>   | <b>ALLERGIC:</b>   | <b>HEART:</b>  |
| <input type="checkbox"/> Unexpected Weight Loss              | <input type="checkbox"/> Blurred Vision                      | <input type="checkbox"/> Foods                               | <input type="checkbox"/> Chest Pain                          |
| <input type="checkbox"/> Weight Gain                         | <input type="checkbox"/> Double Vision                       | <input type="checkbox"/> Dust                                | <input type="checkbox"/> Murmurs                             |
| <input type="checkbox"/> Fever                               | <input type="checkbox"/> Corrective Lens                     | <input type="checkbox"/> Pollen                              | <input type="checkbox"/> Fainting                            |
| <input type="checkbox"/> Fatigue                             | <input type="checkbox"/> Eye Pain                            | <input type="checkbox"/> Hay Fever                           | <input type="checkbox"/> Palpitations                        |
| <input type="checkbox"/> Chills                              | <input type="checkbox"/> Eye Redness                         | <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Other: _____                        |
| <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Watery                              | <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Check box if <u>NO</u> to all above |
| <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Other: _____                        |  |  |
|  | <input type="checkbox"/> Check box if <u>NO</u> to all above | <b>EAR/NOSE/THROAT:</b>                                      | <b>MUSCLE/JOINTS:</b>  |
| <b>LUNGS:</b>  | <b>STOMACH/COLON:</b>  | <input type="checkbox"/> Headache                            | <input type="checkbox"/> Joint Pain                          |
| <input type="checkbox"/> Shortness of Breath                 | <input type="checkbox"/> Heart Burn                          | <input type="checkbox"/> Nose Bleeds                         | <input type="checkbox"/> Stiffness                           |
| <input type="checkbox"/> Snoring                             | <input type="checkbox"/> Nausea                              | <input type="checkbox"/> Ringing in Ears                     | <input type="checkbox"/> Joint Swelling                      |
| <input type="checkbox"/> Coughing                            | <input type="checkbox"/> Vomiting                            | <input type="checkbox"/> Earache                             | <input type="checkbox"/> Joint Instability                   |
| <input type="checkbox"/> Wheezing                            | <input type="checkbox"/> Diarrhea                            | <input type="checkbox"/> Difficulty Swallowing               | <input type="checkbox"/> Redness                             |
| <input type="checkbox"/> Tightness                           | <input type="checkbox"/> Constipation                        | <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Heat                                |
| <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Bloody/Tarry Stools                 | <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Muscle Pain                         |
| <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Other: _____                        |  | <input type="checkbox"/> Other: _____                        |
|  | <input type="checkbox"/> Check box if <u>NO</u> to all above | <b>URINARY/GENITAL:</b>                                      | <input type="checkbox"/> Check box if <u>NO</u> to all above |
| <b>SKIN:</b>   | <b>NEUROLOGIC:</b>   | <input type="checkbox"/> Frequency                           | <b>BLOOD:</b>  |
| <input type="checkbox"/> Redness                             | <input type="checkbox"/> Dizziness                           | <input type="checkbox"/> Urgency                             | <input type="checkbox"/> Easy Bleeding                       |
| <input type="checkbox"/> Rash                                | <input type="checkbox"/> Tremors                             | <input type="checkbox"/> Bleeding                            | <input type="checkbox"/> Bruising                            |
| <input type="checkbox"/> Itching                             | <input type="checkbox"/> Unsteady Gait                       | <input type="checkbox"/> Difficult/Painful Urination         | <input type="checkbox"/> Other: _____                        |
| <input type="checkbox"/> Poor Healing                        | <input type="checkbox"/> Seizure                             | <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Check box if <u>NO</u> to all above |
| <input type="checkbox"/> Skin Changes                        | <input type="checkbox"/> Numbness/Tingling                   | <input type="checkbox"/> Check box if <u>NO</u> to all above |  |
| <input type="checkbox"/> Other: _____                        | <input type="checkbox"/> Other: _____                        | <b>MENTAL HEALTH:</b>  |  |
| <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Check box if <u>NO</u> to all above | <input type="checkbox"/> Anxiety                             |  |
| <b>ENDOCRINE:</b>  |  | <input type="checkbox"/> Nervousness                         |  |
| <input type="checkbox"/> Excessive Thirst                    |  | <input type="checkbox"/> Depression                          |  |
| <input type="checkbox"/> Heat/Cold Intolerance               |  | <input type="checkbox"/> Hallucinations                      |  |
| <input type="checkbox"/> Excessive Urination                 |  | <input type="checkbox"/> Other: _____                        |  |
| <input type="checkbox"/> Other: _____                        |  | <input type="checkbox"/> Check box if <u>NO</u> to all above |  |
| <input type="checkbox"/> Check box if <u>NO</u> to all above |  |  |  |

**DESCRIBE ALL YES RESPONSES:** \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**FAMILY HISTORY:**

	None	Mother	Father	Siblings		None	Mother	Father	Siblings
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding Disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DVT (Blood Clots)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sickle Cell	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Give Details to "Other" and any positive responses:

**SOCIAL HISTORY:**

Do you smoke tobacco?  No  Yes → \_\_\_\_\_ packs per day for \_\_\_\_\_ years

Did quit smoking tobacco?  No  Yes → When did you quit? \_\_\_\_\_ Previous smoked \_\_\_\_\_ packs per day for \_\_\_\_\_ years

Do you chew tobacco?  No  Yes → How Often? \_\_\_\_\_

Do you drink alcohol?  No  Yes → How Much and How Often \_\_\_\_\_

Do you live alone?  No  Yes Do you have children?  No  Yes → Number of Children \_\_\_\_\_

Do you use walking aids?  No  Yes →  Cane  Crutches  Walker  Other \_\_\_\_\_

Do you have a history of substance abuse or do you use recreational drugs?  No  Yes → If "Yes" explain \_\_\_\_\_

Do you exercise?  Never  Rarely  Weekly  Daily Type \_\_\_\_\_

Marital Status:  Single  Married  Widowed  Divorced  Current Occupation: \_\_\_\_\_  
(or occupation prior to retirement)

Patient/Guardian

Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed by \_\_\_\_\_ Date \_\_\_\_\_

MD Signature \_\_\_\_\_ Date \_\_\_\_\_

**PHYSICIAN NOTES:**
